

CATARACT

CORRECTION



Reclaim your good vision

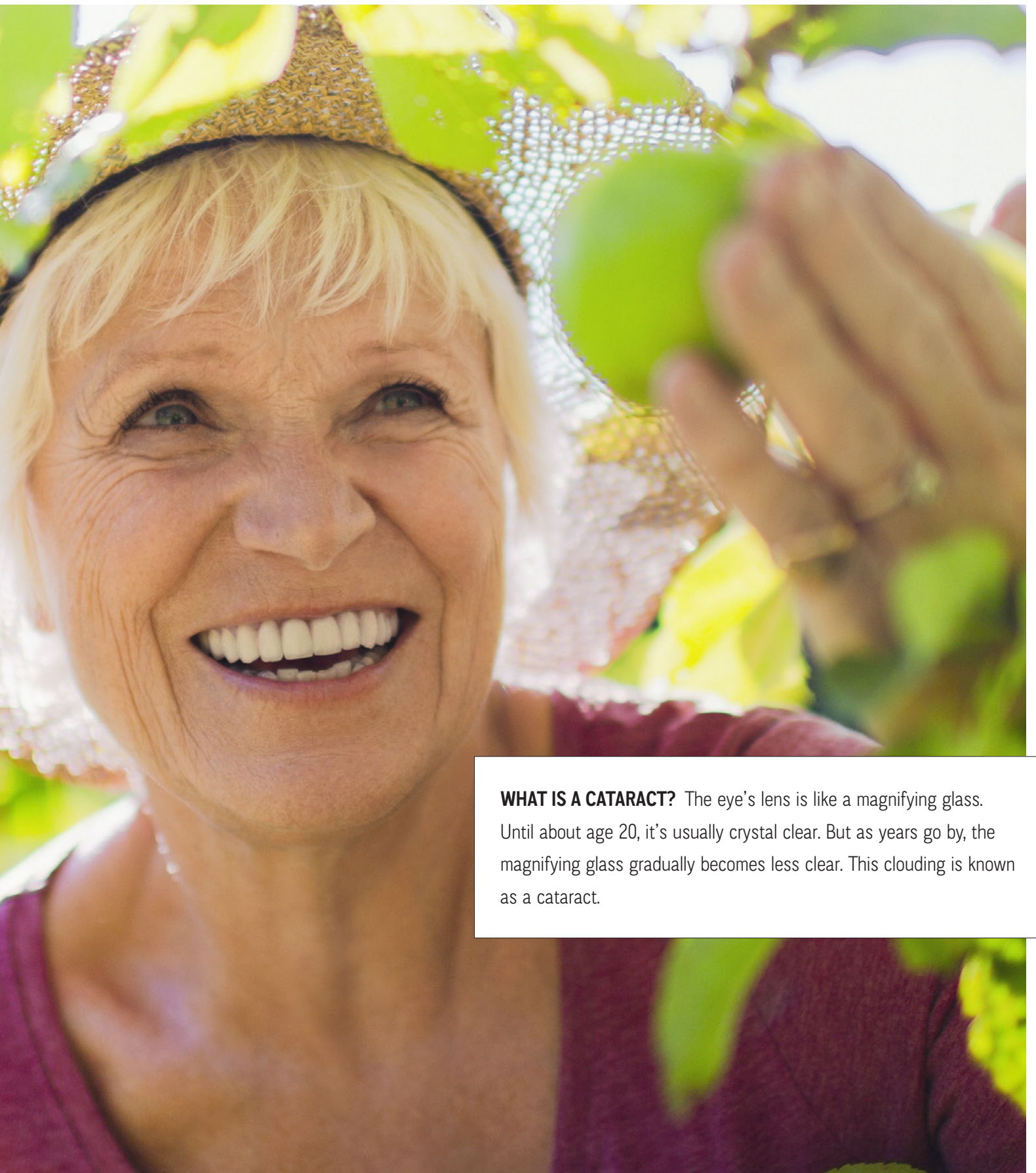
PACIFIC CATARACT AND LASER INSTITUTE



A NATURAL PART OF LIFE

CATARACTS ARE VERY COMMON AND A NATURAL PART OF LIFE

WE CAN'T DO MUCH TO PREVENT THEM. They usually just happen as time advances. By middle age, most of us have at least mild cataracts. We may not notice anything different, but an eye doctor can see that the lenses of our eyes are no longer crystal clear.



WHAT IS A CATARACT? The eye's lens is like a magnifying glass. Until about age 20, it's usually crystal clear. But as years go by, the magnifying glass gradually becomes less clear. This clouding is known as a cataract.





GRADUAL CHANGES TO VISION

CATARACTS CAN HAPPEN SO GRADUALLY THAT MANY PEOPLE DON'T RECOGNIZE THE SYMPTOMS

YOU MAY FIRST NOTICE little changes like the need for more light when reading. Or you might feel less comfortable driving at night. These subtle changes can interfere with daily activities and keep you from doing your favorite things. In fact, decreased vision from cataracts has been directly linked to anxiety and depression.



NORMAL
VISION

COMMON SYMPTOMS

- Blurry or cloudy vision
- Glare or sensitivity to bright light
- Difficulty seeing at night
- Needing more light to read
- Colors are faded or yellowed



VISION WITH
CATARACTS

IN AMERICA
1 IN 6 PEOPLE

OLDER THAN 40 HAVE CATARACTS. BUT MOST
DON'T CAUSE VISION PROBLEMS THAT LIMIT
LIFESTYLE UNTIL AFTER AGE 60.

RECLAIM YOUR GOOD VISION

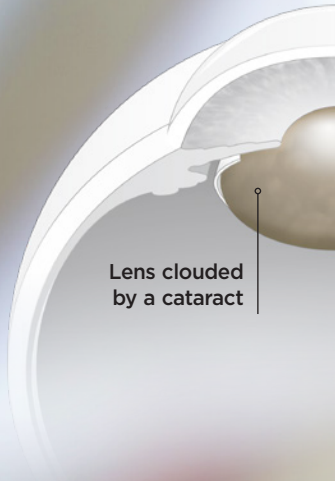
IF CATARACTS ARE DECREASING YOUR QUALITY OF LIFE, DON'T BE DISHEARTENED

TREATMENT IS HIGHLY SUCCESSFUL and helps millions of Americans each year reclaim their good vision. This in turn is associated with better overall health and emotional well-being.





IT'S A TREND. More people are having cataract correction surgery each year and at a younger age.

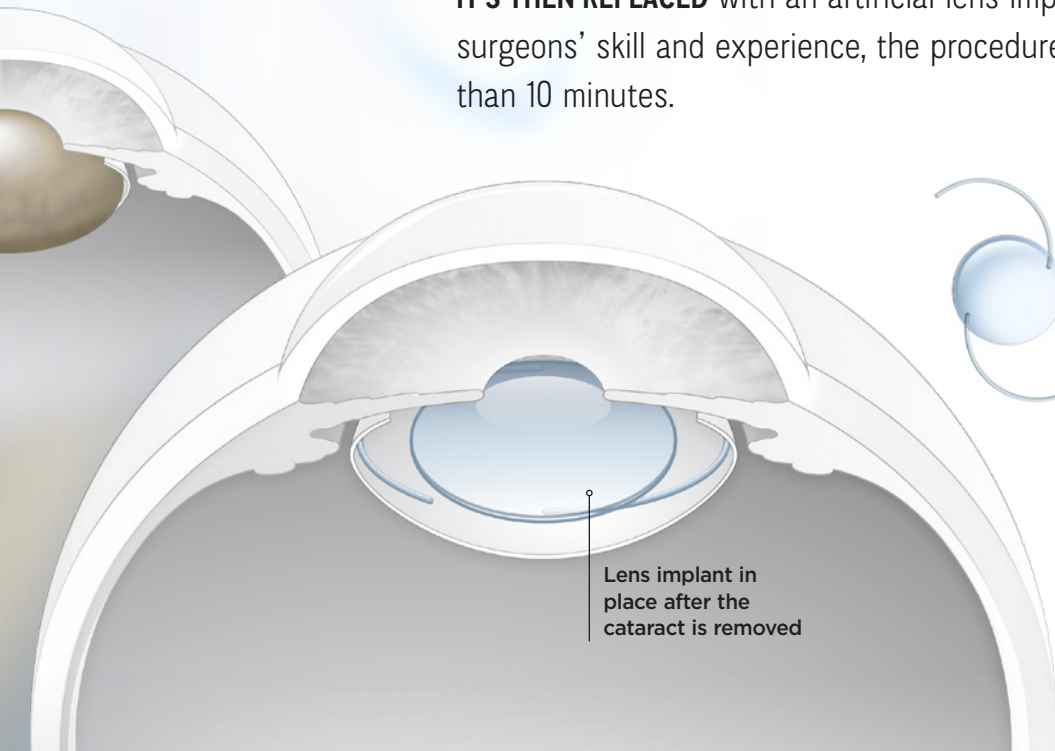




HOW CATARACT CORRECTION WORKS

THE EYE'S CLOUDED LENS IS GENTLY REMOVED WITH ADVANCED ULTRASOUND TECHNOLOGY

IT'S THEN REPLACED with an artificial lens implant. With our surgeons' skill and experience, the procedure usually takes less than 10 minutes.



LENS IMPLANTS — These tiny devices are high-tech marvels that can dramatically improve vision. They can also replace most of your need for corrective eyewear if you've been using contacts or glasses.

THE EXPERIENCE

OUR EXCEPTIONAL STAFF IS WARM AND CARING

AND OUR FRIENDLY FACILITIES may be unlike any medical office you've visited. The calm, relaxed atmosphere is specially created to ease anxiety and stress. We encourage family and friends to stay close throughout your treatment.

Each year we perform tens of thousands of cataract procedures. This is our specialty, and we do all we can to help you have a positive experience and achieve the best possible vision.





MY EXPERIENCE WAS BEAUTIFUL and reassuring beyond expectations. The doctors and all the staff were personable and unusually thoughtful and considerate. My grandson accompanied me and was happy that he could watch the surgery. We were both just blown away by the kindness of all the staff. - **PAULA FROM RIDGEFIELD, WA**

YOUR CHOICE

SELECT A LENS IMPLANT THAT FITS YOUR LIFESTYLE

SINCE CHILDHOOD, you may have had focusing problems that require corrective eyewear. Advanced technology lens implants used in cataract surgery can often fix this. Different lens implants can treat nearsightedness, farsightedness, astigmatism, and even the need for reading glasses or bifocals.

Many people are happy with single focus lens implants. But, if you have a physically or visually active lifestyle and would like to read and see well in the distance without glasses as much as possible, you might consider a lens implant with extended range of focus.

LESS ACTIVE LIFESTYLE

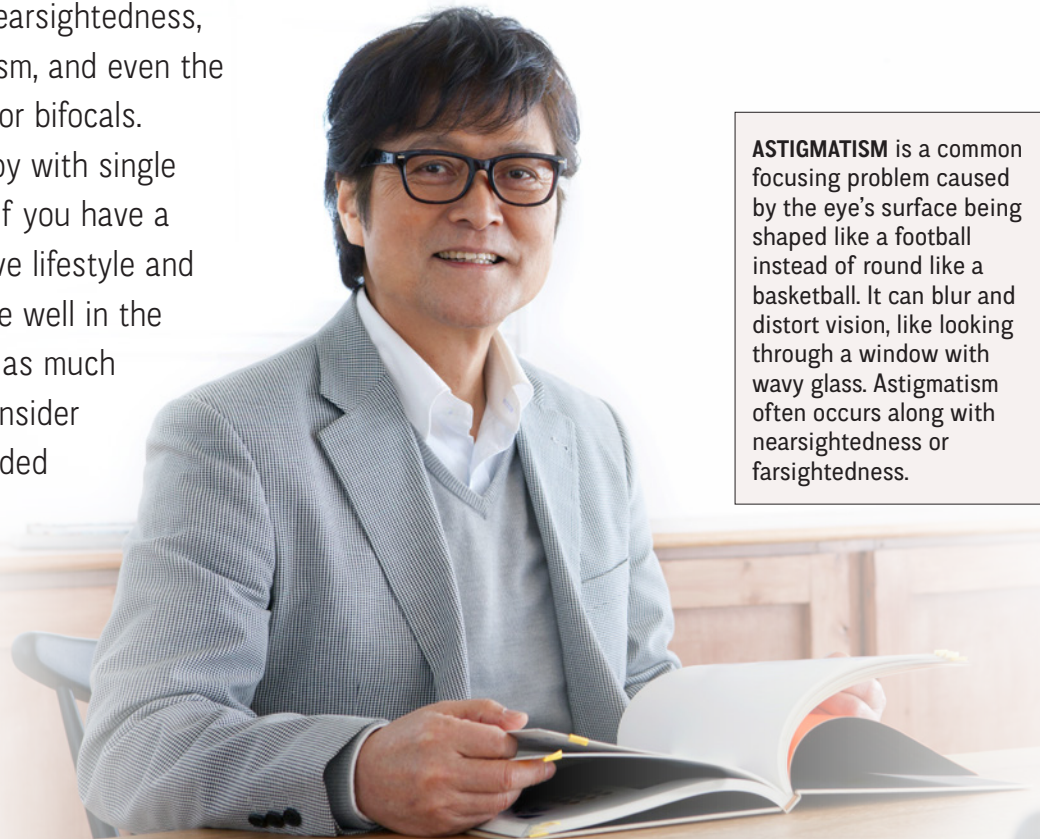
SINGLE FOCUS LENS IMPLANT

- This lens provides most people with excellent vision at one distance—either up close or far away. Before surgery, our doctors will help you choose the best focusing distance for most of your activities and a lens power will be selected to try to match this goal. Glasses are usually needed for clear vision at other distances.
- Ideal if you don't mind wearing glasses for many everyday activities.
- Usually covered by insurance.

ASTIGMATISM CORRECTION

A version of this lens can also correct astigmatism. The extra cost isn't covered by insurance.

ASTIGMATISM is a common focusing problem caused by the eye's surface being shaped like a football instead of round like a basketball. It can blur and distort vision, like looking through a window with wavy glass. Astigmatism often occurs along with nearsightedness or farsightedness.



MORE ACTIVE LIFESTYLE

EXTENDED RANGE OF FOCUS LENS IMPLANT

- For good candidates, this lens provides many people with good near vision and excellent intermediate and distance vision without glasses. There's a very slight and usually unnoticeable decrease in contrast, and you will see a slight halo around lights at night. It may also take several weeks or months to fully adapt to the new vision.
- May be a good option if you prefer to avoid glasses as much as possible.
- Not covered by insurance.


ASTIGMATISM CORRECTION

A version of this lens can also correct astigmatism.



SCAN TO WATCH our video on lens implants with extended range of focus. Or visit our video library at pcli.com





OUR SUCCESS — Cataract surgery is one of the most common and successful procedures. Our surgeons are able to improve vision for more than 99% of patients. Although we cannot guarantee visual outcomes, we will do everything we can to maximize the quality of your vision.



CLEAR BENEFITS

CATARACT SURGERY CAN GREATLY IMPROVE YOUR QUALITY OF LIFE

MANY PEOPLE ARE SURPRISED by the quality of their vision after cataract surgery. They hadn't fully recognized how much their sight had declined, but now their world is bright and clear. They're delighted to see so well and resume favorite activities.

In addition to better eyesight, cataract surgery provides distinct benefits:

- Decreased odds of a car accident.
- Decreased odds of a hip fracture.
- Greatly increased quality of life.

COMMON QUESTIONS

CATARACTS

WHAT ARE THEY?

Cataracts are a cloudiness that develops within the eye's natural lens. Vision becomes increasingly blurry and dim. Cataracts usually progress slowly, and it may be several years before they seriously affect vision.

WHERE IS MY LENS LOCATED?

About the size of an aspirin, your eye's lens is located directly behind the pupil—the dark center of the eye. The lens is made of clear gel-like material covered by a thin, transparent capsule—like a plastic bag. The lens helps focus light rays entering the eye.

WHAT CAUSES CATARACTS?

Cataracts are most often the result of a chemical breakdown that simply happens over time. By age 65, 90% of people have cataracts—although they may not notice decreased vision right away. Cataracts can also form as the result of an eye injury, birth defect, disease, radiation, use of certain medications and exposure to some toxic chemicals.

CAN THEY BE PREVENTED?

No. But wearing proper sunglasses, eating a healthy diet, and not

smoking may delay cataracts and slow their progression.

HOW ARE CATARACTS DIAGNOSED?

During a routine eye exam, your optometric physician will usually see cloudiness beginning to form within the lens—even before you notice any changes in vision. When cataracts begin to interfere with daily life, your eye doctor will discuss the option of surgical correction.

IS SURGERY THE ONLY OPTION?

As a cataract begins to develop, the eye can become nearsighted. Prescription changes in your glasses may help until the cataract worsens. Then, if you want good clear vision again, the only option is surgery to remove and replace the lens.

HOW DO I KNOW WHEN TO HAVE SURGERY?

Surgery is recommended when decreased vision from a cataract causes daily frustration and is no longer working for you. Your optometric physician can help you decide when the time is right.

DO CATARACTS NEED TO BE MATURE?

No. Years ago, people were encouraged to wait for surgery until their cataracts were fully

developed. Today, it's considered easier on the eye and better for vision to remove cataracts earlier instead of later.

CATARACT TREATMENT

HOW SAFE IS SURGERY?

Cataract surgery is considered one of the safest surgeries. Our surgeons successfully improve vision for more than 99% of patients.

WHAT IS THE COST?

The price of cataract surgery often differs a lot, even within the same community. Fees can vary by more than 300% depending on the type of facility. Hospital outpatient departments are usually the most expensive. Free-standing eye surgery centers (like ours) are usually the least expensive. We're happy to give you a quote. We'll also verify your insurance coverage before the date of your surgery.

HOW DO I KNOW IF SURGERY WILL RESTORE MY VISION?

Exams and tests before surgery will provide a good idea of what your vision may be like after treatment. If your eyes are healthy,

cataract surgery will likely restore good vision. However, if you have retinal problems or other eye conditions, treatment may only improve your vision, not restore it.

HOW DOES SURGERY WORK?

The eye's clouded lens is gently removed with ultrasound technology and replaced with an artificial lens implant. With our surgeons' skill and experience, the procedure usually takes less than 10 minutes.

CAN I HAVE SURGERY IF I HAVE DIABETES OR GLAUCOMA?

Yes. If diabetes is controlled, surgery usually isn't a problem. If you have glaucoma, an extra procedure can sometimes be done during cataract surgery to help control your condition.

IS SURGERY DONE ON BOTH EYES AT THE SAME TIME?

No. If you need surgery in both eyes, treatment will be scheduled at different times. The treated eye will be closed for a few hours after surgery, and we want you to be able to see with the other eye.

WHAT IF I DECIDE TO LIVE WITH MY CATARACTS?

Some people live with cataracts for years. As their vision dims, they adjust their lifestyles and stop doing certain things. If you

choose to put up with decreased vision, you may need to:

- Limit or stop driving at night
- Use stronger glasses
- Read large-print books
- Use brighter light bulbs
- Wear sunglasses outdoors to minimize glare
- Get help with medications to avoid mistakes
- Use handrails or other aids to prevent falls

THE PROCEDURE

WHAT CAN I EXPECT BEFORE SURGERY?

You may have had a recent eye exam by your family eye doctor. But before surgery, one of our doctors will dilate and examine your eye to evaluate whole eye health. Tests will be done to help us estimate what your vision may be like after surgery and determine which lens implant may best meet your needs.

CAN FAMILY OR FRIENDS WATCH MY SURGERY?

Yes. Family or friends can be close by in a comfortable viewing room separated from the surgery suite by a glass wall. We encourage family or friends to stay close to

you. A host or hostess will explain to them what's happening as the surgery is magnified on a TV monitor.

WILL I NEED TO STOP MY REGULAR MEDICATIONS?

No. Most people do not need to stop any of the medications they're already taking for other conditions. We'll tell you if a change is needed.

CAN I EAT BEFORE SURGERY?

Yes. We encourage you to eat a light breakfast or lunch before the procedure.

CAN I WEAR MAKE-UP AND HAIRSPRAY?

Since the area around your eye will be carefully wiped with a sterile solution, we ask that you not wear eye make-up the day of treatment. You may use hairspray.

WHAT SHOULD I WEAR?

Wear clean, comfortable street clothing.

CAN I HAVE SOMETHING TO HELP ME RELAX?

If you're particularly nervous or anxious, our nurse can give you medication to help you relax. But most people don't need anything.

97%

OF OUR PATIENTS SAY THEY ARE VERY LIKELY TO RECOMMEND US TO FRIENDS & COLLEAGUES.

DOES THE SURGERY HURT?

No. You'll feel little or no discomfort during the procedure.

WILL I BE PUT TO SLEEP?

No. Before the procedure, eye drops will numb the surface of your eye and local anesthesia will numb the surrounding tissue.

WILL I NEED TO KEEP MY EYE FROM MOVING?

No. The muscles around your eye are temporarily immobilized by the local anesthesia so there's no need to worry about moving your eye or blinking.

WHAT HAPPENS AFTER MY EYE IS IMMOBILIZED?

After relaxing a few minutes, you'll walk into the surgery suite and sit in a reclining chair. The area around your eye will be draped for surgery and a natural tear-like solution will be gently placed on your eye to keep it from drying out during the procedure.

WHAT IF I HAVE TO COUGH OR SNEEZE?

Kindly tell the surgeon so he or she can be prepared. If you have a ticklish throat, tell the nurse before your treatment. She or he can give you something to suppress your cough.

WHAT WILL I SEE, HEAR AND FEEL?

Your face and unoperated eye will be covered, so you'll only glimpse hand movements and shadows during surgery. You'll hear the hum of the ultrasound instrument and may feel the surgeon's hands resting on your forehead.

LENS IMPLANTS

WHAT'S A LENS IMPLANT?

It's a tiny artificial lens that's carefully positioned inside the eye to replace the clouded lens, which is removed in cataract surgery. Lens implants are made in a large range of focusing powers to fit each person's eye.

WHY DO I NEED AN IMPLANT?

Cataract surgery removes your eye's natural lens, which accounts for about 40% of the eye's focusing power. Without a replacement lens, you would be virtually blind and would see only light and shadows. The lens implant replaces the focusing power of your original lens—as well as much of the correction in your glasses.



I'VE BEEN IN THE MEDICAL PROFESSION FOR YEARS AND HAVE NEVER FELT SO PRIVILEGED TO BE TREATED BY SUCH A PROFESSIONAL TEAM. — ROBBIE FROM TACOMA, WA

DOES EVERYONE GET THE SAME KIND OF LENS IMPLANT?

No. Several options are available to fit different lifestyles:

- Single focus lens implants: These are ideal if you don't mind wearing glasses for many everyday activities.
- Extended range of focus lens implants: These may be a good option if you prefer to use glasses as little as possible.

See page 12 to learn more.

CAN LENS IMPLANTS CORRECT ASTIGMATISM?

Yes. Special implants are available to correct astigmatism. Other surgery options are also available.

DO IMPLANTS PROTECT AGAINST ULTRAVIOLET RAYS?

Yes. Lens implants provide UV protection from potentially damaging sunlight.

AFTER SURGERY

WILL I WEAR AN EYE PATCH?

No. Your eyelid is simply taped closed for several hours until the anesthesia wears off. This prevents your eye from opening and getting dry until you're able to blink again.

WHAT HAPPENS AFTER SURGERY?

You'll be able to walk out of the surgical suite. After relaxing for a few minutes and getting instructions from our staff, you can go home. Your eye will be closed for a few hours until the anesthesia wears off. As the muscles around the eye begin to wake up, there may be some mild discomfort or a little achy feeling. When you remove the eyelid tape, you may have blurry or double vision until your eyes are able to work together.

WHEN WILL I BE ABLE TO SEE?

Vision after cataract surgery varies from person to person and even from one eye to the other. Soon after your operation, you may see noticeable improvement or your vision may be fuzzy. Both can be normal. Because it takes time for the eye to heal, it could be a few days before your vision clears.

HOW SOON CAN I DRIVE?

It's not safe to drive home after surgery. Also, if you're scheduled for a follow-up examination the next day, plan to have someone drive you. You may drive as soon as you're able to see clearly and are comfortable with your new vision.

WHEN CAN I RESUME OTHER NORMAL ACTIVITIES?

You'll want to take things a little easy for a day or two. But you may resume most normal activities as soon as your eye is open and working well. You can bend over and exercise, but avoid such strenuous activities as heavy lifting (25 lbs. or more) or high-impact exercise for perhaps five to seven days.

IS THERE ANYTHING I SHOULDN'T DO AFTER SURGERY?

Yes. There are a few things that we'll ask you to avoid for a week, including rubbing your eye, swimming, hot tubs and water sports.

WHEN WILL I NEED TO SEE THE DOCTOR?

After-surgery care can vary, but follow-up exams are typically scheduled:

- The next day
- One week after surgery
- Four to six weeks after surgery

WHAT'S INVOLVED IN MY FOLLOW-UP CARE?

It's very important that you keep all your follow-up appointments. During these visits, the doctor will check your eyes to make sure they're working properly and that there's no sign of infection. When

your eye has healed and stabilized, your optometric physician will prescribe a new lens for your glasses, if necessary.

HOW SOON CAN I HAVE MY SECOND EYE DONE?

If there are no other eye problems, cataract surgery for the second eye can be scheduled within a week or so of the first eye—and sometimes sooner.

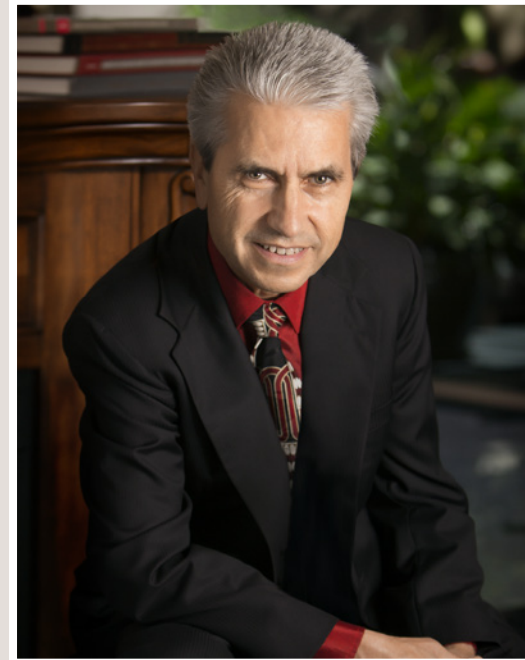
CAN MY CATARACT COME BACK?

No. However, in the months and years after surgery, up to 35% of patients have some reduction in vision as cells grow across the back of the clear capsular bag that holds the lens implant. Vision becomes fuzzy and dim much like it was with a cataract. This cloudiness is sometimes called a secondary cataract because symptoms mimic those of cataracts. The condition is easily treated with a laser. In one short office visit, painless bursts of laser light create a small opening in the cloudy capsule to restore clear vision.

DEDICATED

OUR SURGEONS

WE ARE PRIVILEGED to have a wonderful, dedicated team of specialists. In addition to being kind and deeply caring, each is highly skilled—performing as many surgical procedures every year as many eye surgeons have opportunity to do in a lifetime.



ROBERT FORD, MD
CATARACT AND LASIK SURGEON

Efficient, pragmatic and generous, Bob Ford has a gracious manner, quiet reserve and maintains a steady focus no matter what is going on around him. Born in Takoma Park, Maryland, Bob grew up in Angwin, California overlooking the Napa Valley. He enjoys laser technology, computers, hiking, gardening and flying aircraft. Bob lives in Centralia, Washington and has a daughter and son—Laura and Marshall.

PROFESSIONAL PROFILE

- Medical School** 1974 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 1978 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Medical Practice** 1978 to 1979 – J. L. Pettis Memorial VA Medical Center, Loma Linda, CA
1979 to 1985 – Private practice, Centralia, WA
1985 to present – Pacific Cataract and Laser Institute





PAUL CHUNG, MD
CATARACT SURGEON, GLAUCOMA SPECIALIST

Precise, patient and unhurried, Paul Chung's gentle, soft-spoken manner is soothing to patients and those who work with him. Born in Soonchun, South Korea, Paul grew up in San Jose, California. He enjoys reading, hiking, tennis and playing with his children. Paul and his wife Iris, a family practice physician, live in Chehalis, Washington. They have four sons and a daughter—Jared, Jason, Joelle, Joseph and Justin.

PROFESSIONAL PROFILE

- Medical School** 1991 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 1995 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Fellowship** 1996 – Glaucoma – New England Eye Center, Tufts University, Boston, MA
- Medical Practice** 1996 to 1997 – Inland Eye Institute, Colton, CA and Loma Linda University
 1997 to 2000 – J. L. Pettis Memorial VA Medical Center, Loma Linda, CA
 2000 to 2001 – Omni Eye Services, Dalton, GA and Chattanooga, TN
 2001 to present – Pacific Cataract and Laser Institute



GORDON JOHNS, MD
CATARACT SURGEON, GLAUCOMA SPECIALIST

Focused, precise and careful, Gordon Johns has a special ability to assess complex information. Born in National City, California, Gordon grew up near Washington, DC and in Berrien Springs, Michigan. He enjoys long-distance cycling. Gordon and his wife Suzy, a homemaker, live in Chehalis, Washington. They have two sons and three daughters—Jamie, Jennifer, Julie, Janelle and John.

PROFESSIONAL PROFILE

- Medical School** 1973 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 1977 – Ophthalmology – White Memorial Medical Center, Los Angeles, CA
- Fellowship** 1979 – Glaucoma – University of South Florida, Tampa, FL
- Medical Practice** 1979 to 1992 – Assistant Professor, Ophthalmology, LLU School of Medicine
 1982 to 1992 – Director, Glaucoma Services, LLU School of Medicine
 1985 to 1992 – Coordinator/Director, Ophthalmology Residency Program, LLU School of Medicine
 1993 to present – Pacific Cataract and Laser Institute



JASON LENG, MD
CATARACT SURGEON

Gentle, soft-spoken and polite, Jason Leng's unassuming demeanor can disguise his depth of caring and love of lighthearted jest. Born in Hanford, California, Jason grew up in the small, rural community of Colville, Washington where his father practiced dentistry. A gifted violinist, pianist, performing artist and recording engineer, he also enjoys photography, filmmaking, flying, culinary arts, skiing and hiking. Jason lives in Chehalis, Washington.

PROFESSIONAL PROFILE

- Medical School** 2006 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 2010 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Medical Practice** 2010 to 2011 – J. L. Pettis Memorial VA Medical Center, Loma Linda, CA
 2011 to present – Pacific Cataract and Laser Institute

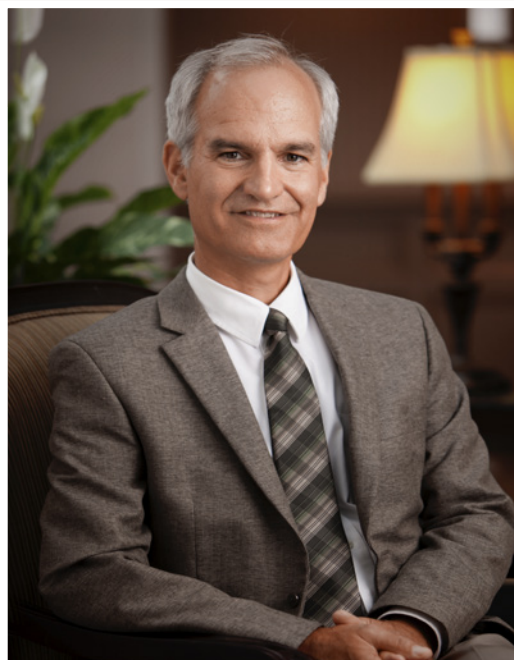


WILLIAM GRUZENSKY, MD
CATARACT AND LASIK SURGEON,
CORNEAL SPECIALIST

Calm, friendly and dependable, Bill Gruzensky's infectious sense of humor and story telling help people relax. Born in Corvallis, Oregon, Bill grew up on the outskirts of Boulder, Colorado. He enjoys backpacking, mountain climbing, dog sledding, snow skiing and flying airplanes. Bill and his wife Trish, a learning center teacher, live in Anchorage, Alaska. They have two daughters—Heidi and Michaela.

PROFESSIONAL PROFILE

- Medical School** 1982 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 1992 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Fellowship** 1992 – Cornea and External Disease – University of California, Davis Medical Center, Sacramento, CA
- Medical Practice** 1993 to 1995 – Locum Tenens, Boulder, CO and Aberdeen, SD
 1995 to 1998 – The Johns Hopkins School of Medicine, Baltimore, MD
 1999 to present – Pacific Cataract and Laser Institute



JAMES GUZEK, MD
CATARACT SURGEON, CORNEAL SPECIALIST

Kind, unhurried and gentle, Jim Guzek has a friendly, easy-going temperament and thoughtful attention to detail that puts people at ease. Born in Scranton, Pennsylvania, Jim grew up there in a quiet suburb. He enjoys time with his family, cycling, swimming, hiking, snow skiing and mission work. Jim and his wife Roberta, a nurse, live in Richland, Washington. They have two sons and twin daughters—James, Joseph, Leah and Rachel.

PROFESSIONAL PROFILE

- Medical School** 1978 – Hahnemann Medical College, Philadelphia, PA
- Residency** 1982 – Ophthalmology – Geisinger Medical Center, Danville, PA
- Fellowship** 1983 – Cornea – Tulane Medical Center, New Orleans, LA
- Medical Practice** 1983 to 1986 – King Khaled Eye Specialist Hospital, Riyadh, Saudi Arabia
 1987 to 1990 – Ruhunu Eye Hospital, Weligama, Sri Lanka
 1990 to 1997 – J. L. Pettis Memorial VA Hospital, Loma Linda, CA
 1998 to 2002 – Margaret Marquart Catholic Hospital, Kpando, Ghana, West Africa
 2002 to present – Pacific Cataract and Laser Institute



BRIAN CAREY, MD
CATARACT AND LASIK SURGEON

Friendly, courteous and optimistic, Brian Carey communicates with an open honesty people trust. They find him easy to talk with and comfortable to be around. Born and raised in Seattle, Washington, Brian grew up playing sports as a kid. He enjoys tennis, golf, scuba diving and snow skiing. Brian and his wife Vicki, a residential realtor, live in Seattle. They have a daughter and twin sons—Barbara Ann, Thomas and Joseph.

PROFESSIONAL PROFILE

- Medical School** 1989 – Tulane University School of Medicine, New Orleans, LA
- Residency** 1993 – Ophthalmology – Tulane University School of Medicine, New Orleans, LA
- Medical Practice** 1993 to 1998 – Polyclinic and private practice, Seattle, WA
 1998 to 2000 – Private practice, Birmingham, AL
 2000 to 2010 – Private practice, Seattle, WA
 2010 to present – Pacific Cataract and Laser Institute



BRYAN EDGINGTON, MD
CATARACT AND LASIK SURGEON,
CORNEAL SPECIALIST

Curious, adventurous and lighthearted, Bryan Edgington easily connects with people through his open honesty and desire to help others. Born in a suburb of Chicago, Illinois, he grew up in Milwaukee, Wisconsin. Bryan enjoys hiking, kayaking and skiing. He and his wife Tara, an MBA in international business, live in Portland, Oregon. They have a son—Anton.

PROFESSIONAL PROFILE

- Medical School** 2001 – University of Wisconsin Medical School, Madison, WI
- Residency** 2005 – Ophthalmology – The George Washington University Medical Center, Washington, DC
- Fellowship** 2006 – Cornea and External Disease – Tufts Medical Center and Ophthalmic Consultants of Boston, MA
- Medical Practice** 2006 to 2012 – The George Washington University School of Medicine, Washington, DC and VA Hospital in Martinsburg, WV
 2012 to 2018 – VA Medical Center and Casey Eye Institute, Oregon Health Sciences University, Portland, OR
 2018 to present – Pacific Cataract and Laser Institute



DAVID GANO, MD
CATARACT SURGEON

Gracious, pleasant and sociable, David Gano’s sense of humor and warm smile delight those around him. Born in Gainesville, Florida, David grew up on a small farm nearby. He enjoys singing, playing guitar, juggling, water skiing, swimming and scuba diving. David and his wife Angela, a nurse, reside in Centralia, Washington. They have two sons—Alexander and Donovan.

PROFESSIONAL PROFILE

- Medical School** 1993 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 1997 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Medical Practice** 1997 to 2007 – Kaiser Permanente, Riverside, CA
 2007 to present – Pacific Cataract and Laser Institute



JOYCE CHOE, MD, MPH
CATARACT SURGEON, GLAUCOMA SPECIALIST

Cheerful, helpful and enthusiastic, Joyce Choe connects easily with others. Although meticulous, she is quick to laugh at herself. Born in Los Angeles, Joyce grew up in Wisconsin and Michigan where her father practiced as an anesthesiologist. She enjoys the outdoors, hiking, learning new things about healthy lifestyle, visiting other cultures and serving on medical missions. Joyce resides in Vancouver, Washington.

PROFESSIONAL PROFILE

- Medical School** 1998 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 2002 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Fellowship** 2003 – Glaucoma – University of California, San Francisco, CA
- Master’s Degree** 2011 – Public Health (Epidemiology) – Loma Linda University, Loma Linda, CA
- Medical Practice** 2003 to 2004 – Monterey County Eye Associates, Salinas, CA
 2004 to 2006 – Glendale Eye Medical Group, Glendale, CA
 2004 to 2011 – J.L. Pettis Memorial VA Medical Center, Loma Linda, CA
 2009 to 2011 – Pacific Eye Institute, Upland, CA
 2011 to present – Pacific Cataract and Laser Institute



LOREN SEERY, MD

CATARACT SURGEON, CORNEAL SPECIALIST

Gracious, warm and engaging, Dr. Seery is kind and relaxed, meticulous with details and passionate about helping others. Born in Fort Worth, Texas, Loren grew up in the quiet university town of Keene, Texas. His interests include long-distance cycling, scuba diving, hiking, flying and being with family. Loren and his wife Karen, an elementary school teacher, live in Kennewick, Washington. They have a daughter and son—Ashlyn and Bryan.

PROFESSIONAL PROFILE

- Medical School** 2006 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 2010 – Ophthalmology – Mayo Clinic, Department of Ophthalmology, Rochester, MN
- Fellowship** 2011 – Cornea and External Disease – Washington University, Dept. of Ophthalmology, St. Louis, MO
- Medical Practice** 2011 to 2015 – Guam Seventh-day Adventist Eye Clinic, Tamuning, Guam
2015 to present – Pacific Cataract and Laser Institute



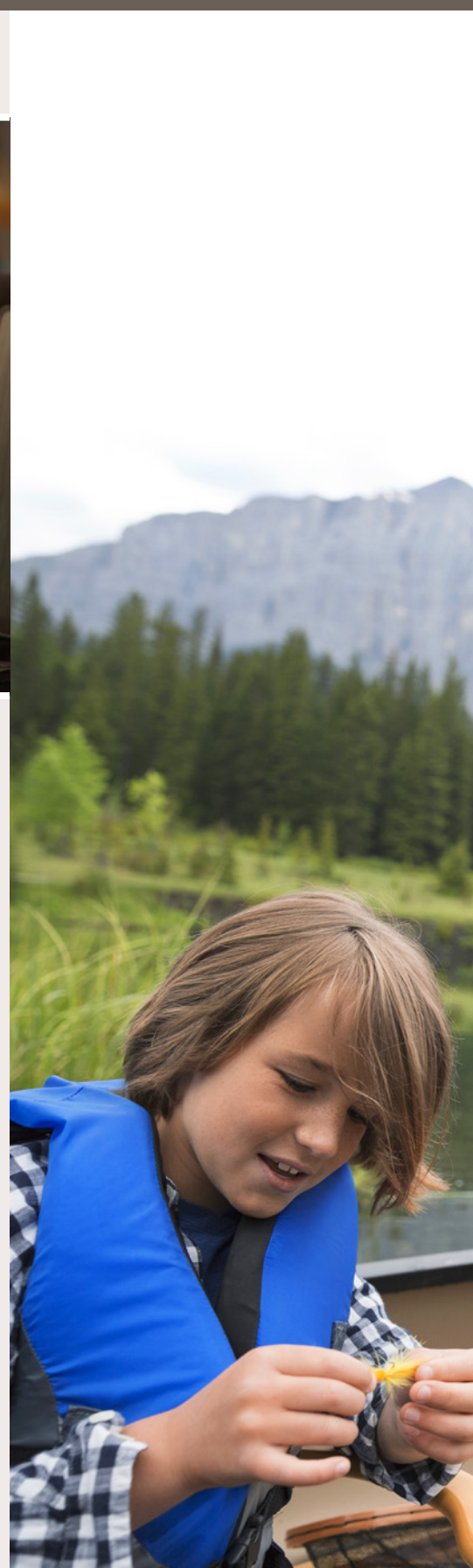
MARSHALL FORD, MD

CATARACT AND LASIK SURGEON, CORNEAL SPECIALIST

Polite, thoughtful and open, Marshall Ford's calm disposition and gentle concern is a comfort to those around him. Originally from Southern California, Marshall grew up in Chehalis, Washington where his father practices as an eye surgeon. He enjoys spending time with his family, fitness training, computers, flying and off-road motorcycling. Marshall and his wife Kelly, a veterinarian, live in Chehalis, Washington. They have two daughters—Lucy and Maile.

PROFESSIONAL PROFILE

- Medical School** 2007 – Loma Linda University School of Medicine, Loma Linda, CA
- Residency** 2011 – Ophthalmology – Loma Linda University Medical Center, Loma Linda, CA
- Fellowship** 2012 – Cornea and Refractive Surgery – University of Rochester Medical Center, Rochester, NY
- Medical Practice** 2012 to present – Pacific Cataract and Laser Institute



WORLD CLASS CARE

WHEN YOU ENTRUST Pacific Cataract and Laser Institute with the care of your vision, our team of experts concentrates their skills on giving you the best possible outcome. Having performed over 500,000 micro eye surgeries, we have earned a reputation for world class care.



Corporate office in Chehalis, Washington





IF YOU HAVE QUESTIONS

Or wish to proceed with treatment, talk to your optometric physician. Or speak with one of our surgery counselors.

To reach our office nearest you, call 800-224-7254. In Alaska call 800-557-7254.

www.pcli.com

OUR OFFICES ARE CONVENIENTLY LOCATED IN:

- | | |
|------------------------|-------------------------|
| Bellevue, Washington | Anchorage, Alaska |
| Bellingham, Washington | Boise, Idaho |
| Chehalis, Washington | Lewiston, Idaho |
| Kennewick, Washington | Great Falls, Montana |
| Olympia, Washington | Albuquerque, New Mexico |
| Silverdale, Washington | Portland, Oregon |
| Spokane, Washington | Tualatin, Oregon |
| Tacoma, Washington | |
| Vancouver, Washington | |
| Yakima, Washington | |

